

## *Support Group for Caregivers & Families of those Living in Long-term Care Facilities*

*Sometimes it helps to talk about what we're going through with others on a similar path... Join us – together we will share our joys and help to bear one another's burdens.*

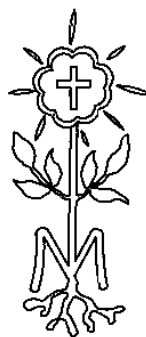
- ❖ Group meets at **Matulaitis Home 10 Thurber Rd, Putnam, CT** in the ground floor Auditorium (handicap accessible) on the **second Thursday every month from 6pm-7:30pm**
- ❖ This is an open group. All persons in caregiving roles, and especially those considering, preparing for, or coping with the transition of their loved one to residing in a long-term care facility, are invited to participate in this peer support group.
- ❖ All who attend will have the opportunity to share their feelings, grief, concerns, hopes, and challenges with the assurance that everything shared with the group will be received nonjudgmentally, with reverence and respect, and that confidentiality will be maintained.
- ❖ Any news or information regarding planned speakers will be posted to the Matulaitis Home website – **matulaitisnh.org** – and shared via e-mail with those who choose to share their contact information.
- ❖ For more information, contact Group Facilitator & Matulaitis Home Director of Spiritual Care, Olivia Chalifoux: [ochalifoux@matulaitisnh.org](mailto:ochalifoux@matulaitisnh.org) or 860-928-7976 x337

***First Meeting!***

**October 11<sup>th</sup>**

**November 8<sup>th</sup>**

**December 13<sup>th</sup>**



**“Bear one another’s burdens...Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all.”**

**Galatians 6:2, 9-10**