

THERAPEUTIC RECREATION ACTIVITY CALENDAR **Matulaitis Rehab & Skilled Care**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		nov 18		10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept. - Ext. 322	This calendar is subject to change & is not limited to what is posted	Location Key: A = A lounge D = D lounge DR = Dining Room AR = Activity Room
				1 All Saints Day 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:00 Bible Study-A w/ Christina	2 All Souls Day 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D 4:00 1st Fri. Adoration & Benediction	10:30 Holy Mass 1:30 Bingo-A
4 10:30 Holy Mass 2:00 Veterans Day Recognition Program - in the Auditorium -by Family Council	5 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Friendly Gathering-DR 3:30 Rosary-D 3:30 Men's Cooking-DR	6 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A	7 9:30 BrainEx&Weights-A 10:30 Holy Mass 1:30 Spiritualityw/Olivia-D 2:30 Manicures-AR 3:30 Tranquil Rm-D 6:30 Movie Night-A w/ popcorn	8 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D 2:30 Art Class-AR w/ Theresa 3:30 Sensory Spirits-D	9 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D	10:30 Holy Mass 1:30 Bingo-A
11 Veterans Day 10:30 Holy Mass 1:30 Red,White&Blue Crafts	12 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Banjo Concert-D -w/ Rene, Donna & Gary 3:30 Rosary-D	13 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 3:45 Tranquil Rm-Dw/Wes 6:30 Bingo-A	14 9:30 BrainEx&Weights-A 10:30 Holy Mass 1:30 Spiritualityw/Olivia-D 2:30 Pokeno-DR 3:30 Sensory Spirits-D Act.Visits 6:30 Movie Night-A	15 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:00 Christian Service-A w/ Pastor Gil	16 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Chair Yoga-DR 3:30 Tranquil Rm-D	10:30 Holy Mass 1:30 Bingo-A
18 10:30 Holy Mass 1:30 Movie-A	19 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Resident Council- D 2:30 Sensory Visits 3:30 Rosary-D	20 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A	21 Presentation of Blessed Virgin Mary 9:30 BrainEx & Weights- A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Balloon Ping-Pong 3:30 Sensory Spirits-D 6:30 Movie Night-A Act. Visits	22 Happy Thanksgiving 10:30 Holy Mass	23 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D	10:30 Holy Mass 1:30 Bingo-A
25 10:30 Holy Mass 1:30 Christmas Cards-AR	26 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Birthday Party-DR Music w/ Terry & Traveling Cake Cart 3:30 Rosary-D 3:30 Men's Act Visits	27 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A	28 9:30 BrainEx & Weights- A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Christmas Movie- Part 1 3:30 Tranquil Rm-D 6:30 Christmas Movie- Part 2 w/ fresh baked cookies	29 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:30 Sensory Spirits-D	30 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D	Nov-18

For Additional Preferred Activities ***See the Activity Department) Read of Updates Family and Visitors are Welcome to Join Us! Visit Us on the Web - www.matulaitisnh.org

Other Small Group/Sensory/1:1 Visits:

- Tours/Social Visits
- Therapeutic Touch
- Sensory Visits/Activities & Tranquil Room
- Men's Visits
- Pet Visits Welcome - leash recommended, tags must be worn
- Pet Visits
- Lunch Club/Baking
- Movie Carts
- Arts & Crafts
- Plant Care
- Mail Delivery
- Assistance with Letter Writing
- Greeting Cards

Music & Memory w/ iPods

- Bulletin Board Decorating
- Manicures
- *Marianapolis students helping for Saturdays Bingo

***Preferred Visiting Hours: 11am - 7pm**

*Reserve a Lounge for Family Gathering-See Act. De. *Dept. iPad

*Adaptive Clothing Catalogs - See Act. Dept.

*We are a **Smoke-Free Facility**

Independent Activities:

- Newspaper Delivery-let the Activity Dept. know about subscription changes
- *Two complimentary Norwich Bulletin - B Wing
- Table Games
- Movies on Large Screen TV in A-Lounge with Netflix TV at each wing Nurse's Desk
- Wii Sport Games
- Magazines
- Electronic Books
- Book Shelves
- Large Print Books
- Jig-Saw Puzzles
- Word Puzzles
- * Apple Computer-A Lounge
- * FaceTime Available
- Password-ActivityonTV1
- WiFi Internet Code:

***Publicuse**

- Birdfeeders are Family's Responsibility
- * Bird Seed must be kept in a Tupperware container
- * NO Suet feeders - Thank You

Available:

- Activity Calendars / Monthly Calendars
- Activity Carts / Volunteers / Northeast Transit
- Resident Council-for residents / Family Council-for families / Family Newsletter
- ***Food Committee Mtg**-Every other month-3rd Tues. 2pm DR - **Dec & Feb**
- Comfort Baskets in A Lounge for Palliative Care
- **Hairdresser - Mon. & Fri.** - To schedule apt., see the Charge Nurse
- Mailbox/basket in Activity Room
- Phone Books / Comm. Rec. & Leisure Resource Handout
- Wheelchair / Walker bags
- Hot Refreshments
- TV Guide Stations Listing** -copies at the Activity Dept. office
- Music Choice** stations: 8.1 - 8.6
- * Pastoral Care Service Visits upon request
- Daily Mass in English - Bi-Lingual on Tuesdays and Fridays in our Chapel
- Missalettes Books Available
- Confessions after daily mass & upon request
- Holy Communion at Bedside Few Days a Week
- * Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
- * Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

For Family Meals - See the front desk for fee and reservations

See Important Information Bulletin Board on the beginning of B-Wing

! Any questions see your Unit Manager !

For Any Changes Please Refer to Center Court Signs & Large Wing C

Come See **Artwork** & the **"Legends"** Seasonal Family Newsletter posted across the Act Rm