

**THERAPEUTIC RECREATION ACTIVITY CALENDAR      Matulaitis Rehab & Skilled Care**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.- Ext. 322</b></p>	<p>This calendar is subject to change &amp; is not limited to what is posted</p>	<p><b>dec</b></p>	<p><b>18</b></p>		<p><u>Location Key:</u> A = A lounge D = D lounge DR = Dining Room AR = Activity Room</p>	<p>10:30 Holy Mass 1:30 Bingo-A</p>
<p><u>First Sunday of Advent</u> <b>10:30 Holy Mass</b> <b>1:30 Prayer Service-D</b> w/ Brother Leo</p>	<p>9:30 Beach Ball Exercises-A 10:30 Holy Mass <b>2:00 Christmas Karaoke-D</b> 3:30 Rosary-D      3:30 Men's Act/Visits</p>	<p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D <b>6:30 Bingo-A</b></p>	<p>9:30 BrainEx&amp;Weights-A 10:30 Holy Mass 2:00 Movie-A <b>3:30 Advent Hymns-D</b> w/ Olivia 6:30 Movie Night-A Activity Visits</p>	<p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David <b>3:00 Bible Study-A</b> w/ Christina</p>	<p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D <b>4:00 1st Fri. Adoration &amp; Benediction</b></p>	<p>8 Feast of Imm. Conception</p> <p>10:30 Holy Mass 1:30 Bingo-A <b>4:00 Vespers</b></p>
<p><u>Second Sunday of Advent</u> <b>10:30 Holy Mass</b> <b>1:30 Caroling-D</b> w/ Putnam Lion's Club &amp; Leo Clubs</p>	<p>9:30 Beach Ball Exercises-A 10:30 Holy Mass <b>2:00 Banjo Concert-D</b> w/ Rene, Donna &amp; Gary 3:30 Rosary-D 3:30 Men's Cooking-DR</p>	<p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 2:30 Vet Coffee House-DR <b>6:30 Bingo-A</b></p>	<p>9:30 BrainEx&amp;Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D <b>2:30 Resident Council-DR</b> 3:30 Tranquil Rm-D 6:30 Movie Night-A Activity Visits</p>	<p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D <b>Tree Decorating</b> 3:30 Sensory Spirits-D</p>	<p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D</p>	<p>10:30 Holy Mass 1:30 Bingo-A</p>
<p><u>Third Sunday of Advent</u> <b>10:30 Holy Mass</b> 1:30 Active Game-A</p>	<p>9:30 Beach Ball Ex-A 10:30 Holy Mass <b>2:00 Putnam Congo Bell Choir</b> -in Auditorium 3:30 Rosary-D 3:30 Men's Act/Visits</p>	<p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:00 Food Committee-DR 2:30 Sing Along-D 3:45 Tranquil Rm-D w/Wes <u>6:00 Caroling-Creation Church</u> <b>6:30 Bingo-A</b></p>	<p>9:30 BrainEx&amp;Weights-A 10:30 Holy Mass <b>1:30 Comm Prep for Reconciliation/Confession</b> 2:30 Pokeno-DR 3:30 Sensory Spirits-D 6:30 Movie Night-A Activity Visits</p>	<p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:30 Caroling Walking Club</p>	<p><b>Winter Begins</b></p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass <b>2:00 Chair Yoga-DR</b> 3:30 Tranquil Rm-D</p>	<p>10:30 Holy Mass 1:30 Bingo-A</p>
<p>Fourth Sunday of Advent <b>10:30 Holy Mass</b> <b>1:30 Christmas Cookies &amp; Cards</b></p>	<p>Christmas Eve 9:30 Beach Ball Ex-A 10:30 Holy Mass <b>2:00 Christmas Eve Service</b> w/ Pastor Gil 3:30 Rosary-D -Kucious- <i>Christmas Eve Dinner</i></p>	<p><b>Merry Christmas</b></p> <p>10:30 Holy Mass 4:00 Holy Hour</p>	<p>9:30 BrainEx &amp; Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D <b>2:00 Birthday Party</b> Music w/Terry &amp; Traveling CakeCart <b>6:30 Bingo</b></p>	<p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:30 Sensory Spirits</p>	<p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D</p>	<p>10:30 Holy Mass 1:30 Bingo-A</p>
<p><b>10:30 Holy Mass</b> <b>1:00 Patriots Game</b> w/ refreshments</p>	<p>9:30 Beach Ball Ex-A 10:30 Holy Mass <b>2:00 New Years Eve Party</b> 3:30 Rosary-D 3:30 Men's Act Visits</p>				<p>18</p>	<p><b>december</b></p>

\*\*\*For Additional Preferred Activities \*\*\*See the Activity Department\*\*\*      ) Read of Updates      Family and Visitors are Welcome to Join Us!      Visit Us on the Web - www.matulaitisnh.org

**Other Small Group/Sensory/1:1 Visits:**

- Tours/Social Visits
- Therapeutic Touch
- Sensory Visits/Activities & Tranquil Room
- Men's Visits
- Pet Visits Welcome - leash recommended, tags must be worn
- Pet Visits - Levi, Baxter, Heidi
- Lunch Club/Baking
- \* Walking Club
- Movie Carts
- Arts & Crafts
- Plant Care
- Mail Delivery
- Assistance with Letter Writing
- Greeting Cards
- \***Music & Memory w/ iPods\***
- Bulletin Board Decorating
- \* Manicures
- \*Marianapolis students helping for Saturdays Bingo

**\*Preferred Visiting Hours: 11am - 7pm**

- \*Reserve a Lounge for Family Gathering-See Act. Dep \*Dept. iPad
- \***Adaptive Clothing Catalogs** - See Act. Dept.
- \*We are a **Smoke-Free Facility**
- ! Any questions see your Unit Manager !

For Any Changes Please Refer to Center Court Signs & Large Wing Calendars

**Independent Activities:**

- Newspaper Delivery-let the Activity Dept. know about subscription changes
- \*Two complimentary Norwich Bulletin - B Wing
- Table Games
- Movies on Large Screen TV in A--Lounge with **Netflix**
- TV at each wing Nurse's Desk
- \* More Piano Music - David , Dan Merlo
- Wii Sport Games
- Magazines
- Electronic Books
- Book Shelves
- Large Print Books
- Jig-Saw Puzzles
- Word Puzzles
- \* Apple Computer--A Lounge
- \* FaceTime Available
- Password-ActivityonTV1
- WiFi Internet Code:

**4Publicuse**

- \* Birdfeeders are Families' Responsibility
- \* Bird Seed must be kept in a Tupperware container
- \* NO Suet feeders - Thank You

**Available:**

- Activity Calendars / Monthly Calendars
- Activity Carts / Volunteers / Northeast Transit
- Resident Council-for residents / Family Council-for families / Family Newsletter
- \***Food Committee Mtg**-Every other month-3rd Tues. 2pm DR - **Dec & Feb**
- Comfort Baskets in A Lounge for Palliative Care
- **Hairdresser - Mon. & Fri.** - To schedule apt., see the Charge Nurse
- Mailbox/basket in Activity Room
- Phone Books / Comm. Rec. & Leisure Resource Handout
- Wheelchair / Walker bags
- Hot Refreshments
- TV Guide Stations Listing** -copies at the Activity Dept. office
- Music Choice** stations: 8.1 -- 8.6
- \* Pastoral Care Service Visits upon request
- Daily Mass in English - Bi-Lingual on Tuesdays and Fridays in our Chapel
- Missallettes Books Available
- Confessions after daily mass & upon request
- Holy Communion at Bedside Few Days a Week
- \* Mass on Channel 27--EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
- \* Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

\*\*\*For Family Meals - See the front desk for fee and reservations\*\*\*

\*\*See Important **Information Bulletin Board** on the beginning of B--Wing\*\*