

THERAPEUTIC RECREATION ACTIVITY CALENDAR **Matulaitis Rehab & Skilled Care**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.- Ext. 322</p>		Jan	19			<p><u>Location Key:</u> A = A lounge D = D lounge DR = Dining Room AR = Activity Room</p>
<p>This calendar is subject to change & is not limited to what is posted</p>		<p>1 Happy New Year 10:30 Holy Mass</p>	<p>2 9:30 BrainEx&Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Manicures-AR 3:30 Sensory Spirits-D 6:30 Bingo-A</p>	<p>3 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:00 Bible Study-A w/ Christina</p>	<p>4 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 4:00 1st Fri. Adoration & Benediction</p>	<p>5 10:30 Holy Mass 1:30 Bingo-A</p>
<p>6 Epiphany 10:30 Holy Mass 1:30 Honoring our Centenarians-DR</p>	<p>7 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Music History-A w/ Ed Morin 3:30 Rosary-D 3:30 Men's Act Visits</p>	<p>8 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 2:30 Veterans Gathering-DR 6:30 Bingo-A</p>	<p>9 9:30 BrainEx&Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Balloon Ping Pong 3:30 Tranquil Rm-D 6:30 Movie Night-A w/ popcorn</p>	<p>10 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:30 Sensory Spirits-D</p>	<p>11 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D</p>	<p>12 10:30 Holy Mass 1:30 Bingo-A</p>
<p>13 10:30 Holy Mass 1:00 UCONN Girls Basketball Game-A</p>	<p>14 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Banjo Concert-D w/ Rene, Donna & Gary 3:30 Rosary-D 3:30 Men's Act Visits</p>	<p>15 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 3:45 Tranquil Rm-D w/Wes 6:30 Bingo-A</p>	<p>16 9:30 BrainEx&Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Pokeno-DR 3:30 Sensory Spirits-D 6:30 Movie Night-A Act/Visits</p>	<p>17 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:00 Christian Service-A w/ Pastor Gil</p>	<p>18 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Chair Yoga-DR 3:30 Tranquil Rm-D</p>	<p>19 10:30 Holy Mass 1:30 Bingo-A</p>
<p>20 10:30 Holy Mass 1:30 Friendly Gathering</p>	<p>21 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Birthday Party-DR Music w/ Terry & Traveling Cake Cart 3:30 Rosary-D 3:30 Men's Cooking</p>	<p>22 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A</p>	<p>23 9:30 BrainEx & Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Pokeno-DR 6:30 Movie Night-A Act. Visits</p>	<p>24 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:30 Sensory Spirits-D</p>	<p>25 9:30 Beach Ball Ex-A 10:30 Holy Mass 1:30 Pet Visits w/ Joan & Heidi 2:00 Resident Council-D 3:30 Tranquil Rm-D</p>	<p>26 10:30 Holy Mass 1:30 Bingo-A</p>
<p>27 10:30 Holy Mass 1:30 Active Games</p>	<p>28 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Our Blessed George Matulaitis' Memorial 3:30 Rosary-D 3:30 Men's Act Visits</p>	<p>29 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A</p>	<p>30 9:30 BrainEx & Weights-A 10:30 Holy Mass 1:30 Spirituality w/Olivia-D 2:30 Manicures 3:30 Sensory Spirits-D 6:30 Movie Night-A Act. Visits</p>	<p>31 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D w/ David 3:00 Walking Club</p>	19	January

For Additional Preferred Activities ***See the Activity Department) Read of Updates Family and Visitors are Welcome to Join Us! Visit Us on the Web - www.matulaitisnh.org

Other Small Group/Sensory/Act. Visits:

- Tours/Social Visits
- Therapeutic Touch
- Sensory Visits/Activities & Tranquil Room
- Men's Visits
- Pet Visits Welcome - leash recommended, tags must be worn
- Pet Visits w/ Baxter/Lexi/Heidi/Sam/Molly etc.
- Lunch Club/Baking
- Movie Carts
- Walking Club
- Appr. Wednesdays**Whatever the Weather Club**
- Arts & Crafts
- Plant Care
- Mail Delivery
- Assistance with Letter Writing
- Greeting Cards
- **Music & Memory w/ iPods***
- Bulletin Board Decorating
- Manicures

Independent Activities:

- Newspaper Delivery-let the Activity Dept. know about subscription changes
- Two complimentary Norwich Bulletin - B Wing
- Table Games
- Movies on Large Screen TV in A-Lounge with **Netflix**
- TV at each wing Nurse's Desk
- More Piano Music - David, Dan Merlo
- Wii Sport Games
- Magazines
- Electronic Books
- Book Shelves
- Large Print Books
- Jig-Saw Puzzles
- Word Puzzles
- Apple Computer-A Lounge
- FaceTime Available
- Password-ActivityonTV1
- WiFi Internet Code: **4Publicuse**
- Dept. iPad
- Birdfeeders are Family's Responsibility
- Bird Seed must be kept in a Tupperware container
- NO Suet feeders - Thank You

Available:

- Activity Calendars / Monthly Calendars
- Activity Carts / Volunteers / Northeast Transit
- Resident Council-for residents / Family Council-for families / Family Newsletter
- **Food Committee Mtg**-Every other month-3rd Tues. 2pm DR - **Feb & April**
- Comfort Baskets in A Lounge for Palliative Care
- **Hairdresser - Mon. & Fri.** - To schedule apt., see the Charge Nurse
- Mailbox/basket in Activity Room
- Phone Books / Comm. Rec. & Leisure Resource Handout
- Wheelchair / Walker bags
- Hot Refreshments
- **TV Guide Stations Listing** -copies at the Activity Dept. office
- **-Music Choice** stations: 8.1 -- 8.6
- Pastoral Care Service Visits upon request
- Daily Mass in English - Bi-Lingual on Tuesdays and Fridays in our Chapel
- Missalettes Books Available
- Confessions after daily mass & upon request
- Holy Communion at Bedside Few Days a Week
- Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
- Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

For Family Meals - See the front desk for fee and reservations

See Important **Information Bulletin Board on the beginning of B-Wing**

! Any questions see your Unit Manager !

Come See **Artwork** & the **"Legends"** Seasonal Family Newsletter posted across the Act Rm

For Any Changes Please Refer to Center Court Signs & Large Wing Calendars