

**THERAPEUTIC RECREATION ACTIVITY CALENDAR Matulaitis Rehab & Skilled Care**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b>10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.- Ext. 322</b></p>	<p align="center">This calendar is subject to change &amp; is not limited to what is posted</p>	<p align="center"><u>Location Key:</u> A = A lounge D = D lounge DR = Dining Room AR = Activity Room</p>		<p>Feb '19</p>	<p>9:30Beach Ball Ex-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Tranquil Rm-D 4:00 1st Fri. Adoration &amp; Benediction</p>	<p align="center">2 Groundhog Day</p> <p>10:30 Holy Mass 12:00 Uconn Girls Basketball Game <small>w/ refreshments</small></p>
<p>3</p> <p>10:30 Holy Mass 1:30 Bingo <small>Super Bowl Game @ 6pm</small></p>	<p>4</p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Balloon PingPong 3:30 Rosary-D 3:30 Men's Act Cart</p>	<p>5</p> <p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A</p>	<p>6</p> <p>9:30BrainEx&amp;Weights-A 10:30 Holy Mass 1:30Spirituality-D 2:30 Manicures-AR 3:30Sensory Spirits-D 6:30 Trivia Night-D</p>	<p>7</p> <p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D 3:00 Christian Service-A <small>w/ Pastor Gil</small></p>	<p>8</p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Violin Music-D <small>w/ Owen</small></p>	<p>9</p> <p>10:30 Holy Mass 1:30 Bingo-A</p>
<p>10</p> <p>10:30 Holy Mass 1:30Prayer Service-D <small>w/ Brother Leo</small></p>	<p>11</p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:45 Barjo Concert-D <small>-w/ Rene, Donna &amp; Gary</small> 3:30 Rosary-D 3:30 Men's Act Cart</p>	<p>12</p> <p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 2:30 Veterans Coffee House-DR 6:30 Bingo-A</p>	<p>13</p> <p>9:30BrainEx&amp;Weights-A 10:30 Holy Mass 2:00 World Day of Healing-D 3:30Tranquil Rm-D 6:30 Movie Night-A</p>	<p>14</p> <p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D 2:30 Valentine Cookie Social 3:30 Sensory Spirits-D</p>	<p>15</p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Chair Yoga-DR <small>w/ Joanne</small> 3:30 Tranquil Rm-D</p>	<p>16</p> <p>10:30 Holy Mass 1:30 Bingo-A</p>
<p>17</p> <p>10:30 Holy Mass 1:30 Pokeno-DR <small>Daytona 500 @ 2:30</small></p>	<p>18 Presidents' Day</p> <p>9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Friendly Gathering-DR 3:30 Rosary-D 3:30 Men's Food Cart</p>	<p>19</p> <p>9:30 Word Games-A 10:30 Holy Mass 1:30Gospel Music-A 2:00Food Committee-DR 2:30 Sing Along-D 3:45Tranquil Rm-D w/Wes 6:30 Bingo-A</p>	<p>20</p> <p>9:30BrainEx&amp;Weights-A 10:30 Holy Mass 1:30Spiritualityw/Olivia-D 2:00 Manicures-AR 3:30 Sensory Spirits-D 6:30 Movie Night-A Act Visits</p>	<p>21</p> <p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D <small>w/ David</small></p>	<p>22</p> <p>9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Pet Visits <small>w/Joan&amp;Heidi</small> 2:00 Pokeno-DR 3:30Tranquil Rm-D</p>	<p>23</p> <p>10:30 Holy Mass 1:30 Bingo-A</p>
<p>24</p> <p>10:30 Holy Mass 1:30 Active Game-A</p>	<p>25</p> <p>9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Birthday Party-DR <small>Music w/ Terry &amp; Traveling Cake Cart</small> 3:30 Rosary-D 3:30 Men's Act Cart</p>	<p>26</p> <p>9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 6:30 Bingo-A</p>	<p>27</p> <p>9:30 BrainEx &amp; Weights-A 10:30 Holy Mass 1:30 Spirituality w/ Olivia-D 2:15 Resident Council-D 6:30 MovieNight-A <small>w/ popcorn</small></p>	<p>28</p> <p>9:30 Brain Exercises &amp; Weight Lifting-A 10:30 Holy Mass 2:00 Piano Music-D <small>w/ David</small> 2:30 Painting Class-AR 3:30 Sensory Spirits-D</p>		
19						<b>February</b>

\*\*\*For Additional Preferred Activities \*\*\*See the Activity Department\*\*\*  
 Other Small Group/Sensory/Act Visits: **Valentine Cards/visits from Putnam Park & Rec**  
 • Tours/Social Visits  
 • Therapeutic Touch  
 • Sensory Visits/Activities & Tranquil Room  
 • Men's Visits  
 • Pet Visits Welcome - leash recommended, tags must be worn  
 • Pet Visits -  
 • Lunch Club/Baking  
 • Movie Carts  
 \*Walking Club  
 \*Wednesdays 2:45pm \*\*Whatever the Weather Club\*\*  
 • Arts & Crafts  
 • Plant Care  
 • Mail Delivery  
 •Letter Writing / Greeting Cards  
 \*Music & Memory w/ iPods\*  
 • Bulletin Board Decorating  
 • Manicures  
 \*Marianapolis students helping for Saturdays Bingo

Independent Activities:  
 • Newspaper Delivery-let the Activity Dept. know about subscription changes  
 \*Two complimentary Norwich Bulletin - B Wing  
 • Table Games  
 • Movies on Large Screen TV in A-Lounge with Netflix TV at each wing Nurse's Desk  
 \*More Piano Music - David/Dan/Stan  
 • Wii Sport Games  
 • Magazines  
 • Electronic Books  
 • Book Shelves  
 • Large Print Books  
 • Jig-Saw Puzzles  
 • Word Puzzles  
 \* Apple Computer-A Lounge  
 \* FaceTime Available  
 \* Password-ActivityonTV1  
 • WiFi Internet Code:  
**4Publicuse**  
 \*Dept. ipad  
 \* Birdfeeders are Family's Responsibility  
 \* Bird Seed must be kept in a Tupperware container  
 \* NO Suet feeders - Thank You

Available:  
 • Activity Calendars / Monthly Calendars  
 • Activity Carts / Volunteers / Northeast Transit  
 • Resident Council-for residents / Family Council-for families / Family Newsletter  
 \*Food Committee Mtg-Every other month-3rd Tues. 2pm DR - Feb & April  
 • Comfort Baskets in A Lounge for Palliative Care  
 • Hairdresser - Mon. & Fri. ~ To schedule apt., see the Charge Nurse  
 • Mailbox/basket in Activity Room  
 • Phone Books / Comm. Rec. & Leisure Resource Handout  
 • Wheelchair / Walker bags  
 • Hot Refreshments  
**TV Guide Stations Listing** -copies at the Activity Dept. office  
 -Music Choice stations: 8.1 -- 8.6  
 \* Pastoral Care Service Visits upon request  
 ~Daily Mass in English ~ Bi-Lingual on Tuesdays and Fridays in our Chapel  
 ~ Missalettes Books Available  
 ~Confessions after daily mass & upon request  
 ~ Holy Communion at Bedside Few Days a Week  
 \* Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am  
 \* Rosary on Channel 27 at 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

\*\*\*For Family Meals ~ See the front desk for fee and reservations\*\*\*  
 \*\*See Important Information Bulletin Board on the beginning of B~Wing\*\*

\*Preferred Visiting Hours: 11am - 7pm  
 \*Reserve a Lounge for Family Gathering-See Act. De  
 \*Adaptive Clothing Catalogs - See Act. Dept.

\*We are a Smoke-Free Facility

Come See Artwork & the "Legends" Seasonal Family Newsletter posted across the Act Rm

! Any questions see your Unit Manager !  
 For Any Changes Please Refer to Center Court Signs & Large Wing Calendars