


THERAPEUTIC RECREATION ACTIVITY CALENDAR

Matulaitis Rehab & Skilled Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 Thurber Road Putnam, CT 06260 860-928-7976 Act. Dept.~ Ext. 322</p>	<p>This calendar is subject to change & not limited to what is posted Location Key: A = A lounge D = D lounge DR = Dining Room AR = Activity Room</p>		<p>march</p>	<p>2020</p>		
<p>1 10:30 Holy Mass 1:30 Active Game</p>	<p>2 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Manicures & Walking Club 3:30 Rosary-D 3:30 Sensory Visits</p>	<p>3 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 3:30 Tranquility Rm-D</p>	<p>4 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Spirituality^{w/ Olivia}-D 2:30 Whatever the Weather 3:30 Violin Music-D ^{w/ Owen} 6:30 Bingo-A</p>	<p>5 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D ^{w/ David} 2:00 Bible Study ^{w/ RoJeanne} 3:30 Hymns & Prayers-D</p>	<p>6 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 1st Friday Adoration & Benediction with Stations of the Cross</p>	<p>7 10:30 Holy Mass 1:30 Bingo-A</p>
<p>8 Daylight Savings Time Begins 10:30 Holy Mass 1:30 Fun with Food ^{w/ Regina}</p>	<p>9 9:30 Beach Ball Ex-A 10:30 Holy Mass 1:30 Banjo Concert ^{w/ Rene, Donna & Gary} 3:30 Rosary-D 3:30 Sensory Visits</p>	<p>10 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along-D 2:30 Vet Coffee House-DR 3:00 Tranquility Rm-D</p>	<p>11 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 2:00 Lithuanian Independence Day-D 2:30 Whatever the Weather 6:30 Bingo-A</p>	<p>12 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D 3:30 Hymns & Prayers-D</p>	<p>13 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Stations of the Cross</p>	<p>14 10:30 Holy Mass 1:30 Bingo-A</p>
<p>15 10:30 Holy Mass 1:30 Art Class ^{w/ Nicky}</p>	<p>16 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Storytelling-D ^{w/ Katie} 3:30 Rosary-D 3:30 Sensory Visits</p>	<p>17 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:00 St. Patrick's Day Green Party 2:45 Food Committee-DR 3:30 Tranquility Rm^{w/Wes}-D</p>	<p>18 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Spirituality^{w/ Olivia}-D 2:30 Whatever the Weather 6:30 Bingo-A</p>	<p>19 First Day of Spring 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D ^{w/ David} 2:00 Plant Sale 3:30 Christian Service-A ^{w/ Pastor Gil}</p>	<p>20 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Chair Yoga-DR ^{w/ Joanne} 3:30 Stations of the Cross</p>	<p>21 10:30 Holy Mass 1:30 Bingo-A</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:30 Holy Mass 1:45 Pokeno-DR 3:00 Lenten Devotions	23 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Resident Council-DR 3:30 Rosary-D 3:30 Sensory Visits	24 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along -D 3:30 Tranquility Rm-D	25 9:30 Brain Exercises & Weight Lifting -A 10:30 Holy Mass 1:30 Spirituality ^{w/Olivia} -D 2:30 Whatever the Weather 6:30 Bingo-A	26 9:30 Brain Exercises & Weight Lifting-A 10:30 Holy Mass 1:30 Piano Music-D ^{w/ David} 3:30 Hymns & Prayers-D	27 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Pokeno-DR 3:30 Stations of the Cross	28 10:30 Holy Mass 1:30 Bingo-A
29 10:30 Holy Mass 1:30 Planting 3:00 Lenten Devotions	30 9:30 Beach Ball Ex-A 10:30 Holy Mass 2:00 Birthday Party-DR ^{w/Terry & Traveling Cart} 3:30 Rosary-D 3:30 Sensory Visits	31 9:30 Word Games-A 10:30 Holy Mass 1:30 Gospel Music-A 2:30 Sing Along -D 3:30 Tranquility Rm-D				march

For Additional "Preferred Activities" see the Activity Dept.

:) Read for Updates

Families and Visitors are Welcome to Join

Visit Us @ www.matulaitisnh.org

- Tours / Social Visits / Chapel visits
- Therapeutic Touch
- Sensory & Activity Visits
- * Tranquil Room - Soothing Music, Aromatherapy, Visual Projector & Colorful Bubble Machine
- * Walking Club
- Lunch Club / Baking
- Arts & Crafts
- Plant Care & Plant Cart Visits
- Mail Delivery
- Mailbox-basket in Activity Room
- Letter Writing / Greeting Cards
- * **Music & Memory w/ iPods***
- Bulletin Board Decorating
- * Manicures
- * Table Games
- * Wii Sport Games
- ! Marianapolis Students helping w/ Saturday Bingo !

* Preferred Visiting Hours: **11am - 7pm**

- **Pet Visits Welcome** - not at meal/personal care, tags must be worn, leashes recommended
- * Reserve a Lounge for Family Gathering-See Act. Dept. For Family Meals ~ See the front desk for fee and reservations
- * **Birdfeeders are Familys' Responsibility**
- * **Bird Seed must be brought in&out by families!**
- * **NQ Suet feeders - Thank You!!**

- Newspaper Delivery- see Activity Dept. about subscription/changes
- * Two complimentary Norwich Bulletin - B Wing
- Movies on Large Screen TV in A-Lounge with **Netflix** TV at each wing Nurse's Desk
- TV Guide Stations Listing -copies at Activity Dept. office
- Music Choice stations: 8.1 -- up
- Movie Carts
- * Sing Along w/ Aldona & More Piano music with: David & **often on Mondays 6:15pm w/ Dan and often on Thursday 6pm w/ Jason**
- Seasonal Magazines
- Electronic Books from Library of the Blind
- Book Shelves - A Lounge
- Large Print Books
- Jig-Saw Puzzles
- *Adult Coloring Books
- *Seasonal Word Puzzles

- WiFi Internet Code: **4Publicuse**
- *We are a Smoke-Free Facility

! Any questions see your Unit Manager !

* See Important Information Bulletin Board on B-Wing

Come See **Residents Artwork** & the "**Legends**" Seasonal Family Newsletter posted across the Act Rm

- Activity Calendars / Monthly Calendars
- Volunteers / Northeast Transit
- Wheelchair / Walker bags

- ResidentCouncil-for residents / FamilyCouncil-for families-Wed. March 11th 6pm Dloung
- * **Monthly Food Committee Mtg**- Normally 3rd Tues. 2pm in the Dining Room
- **Hairdresser - Mon. & Fri.** ~ To schedule apt., see the Charge Nurse/Prices posted at Salon
- * Adaptive Clothing Catalogs - See Act. Dept.

- ~Veterans Bulletin Board is outside of the Main Dining Room~
- **NEW ~ Breakfast Café ~ in the Main Dining Room ~ 24/7 Coffee**

- * **Pastoral Care Service** & Visits available upon request, also:
- ...spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs
- ~Daily Mass in English ~ Bi-Lingual on Tuesdays and Fridays in our Chapel
- ~ Missalettes Books Available while in chapel - please ask
- ~Confessions after daily mass & upon request
- ~ Holy Communion at Bedside Few Days a Week
- ~Comfort Baskets in A Lounge for Palliative Care
- ~Comfort Care & End of Life Resource Box w/ Comfor Baskets & on each Wing
- * Mass on Channel 27~EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am
- * Rosary on Channel 27 at 7:30 am,11:30am and 9:30pm; Chaplet of Divine M& Divine Mercy Chaplet 3pm
- * Stations of the Cross on EWTN: Fridays 7am

Any Changes for the Activity Calendar see Center Court Signs & Large Wing Calendars