

**THERAPEUTIC RECREATION ACTIVITY CALENDAR**

**Matulaitis 10 Thurber Road, Putnam, CT 06260**

**860-928-7976 Act. Dept.~ Ext. 322**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Due to COVID-19 we are restricting visitors</b> See bottom of calendar for more updates!</p>	<p><b>Wear a mask &amp; practise social distancing</b></p>	<p><b>Sept</b></p>	<p><b>2020</b></p>		<p><b>Activity Visit &amp;/or Small Groups &lt;10</b></p>	<p>Outside &amp; patio tours as weather &amp; schedule permits.</p>
<p>This calendar is subject to change &amp; is not limited to what is posted.</p>		<p>1 9:30 Exercise-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Food Committee</b> Music</p>	<p>2 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b> 2:30 Whatever the Weather</p>	<p>3 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>2:00 Pilgrimage to Lourdes</b></p>	<p>4 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits Outside <b>3:30 First Friday Adoration &amp; Benediction</b></p>	<p>5 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b></p>
<p>6 10:30 Holy Mass Activity &amp; Sensory Visits</p>	<p>7 <b>Happy Labor Day</b> 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits</p>	<p>8 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Veterans</b> Music</p>	<p>9 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b> 2:30 Whatever the Weather</p>	<p>10 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Manicures</b></p>	<p>11 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits Outside</p>	<p>12 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b></p>
<p>13 10:30 Holy Mass Activity &amp; Sensory Visits 1:30 <b>13th of the Month Rosary Club</b> ~in the chapel</p>	<p>14 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Grandparents Day Refreshments</b></p>	<p>15 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Resident Council</b> Music</p>	<p>16 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b> 2:30 Whatever the Weather</p>	<p>17 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits <b>Planting</b></p>	<p>18 9:30 Exercises-A 10:30 Holy Mass Activity &amp; Sensory Visits Outside</p>	<p>19 10:30 Holy Mass Activity &amp; Sensory Visits <b>Hallway Bingo</b></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20  10:30 Holy Mass <b>1:35 Red Sox Vs Yankee</b> Activity & Sensory Visits	21  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits <b>Apple Pies</b>	22 <b>First Day of Autumn</b>  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits Music	23  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits <b>Hallway Bingo</b> 2:30 Whatever the Weather	24  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits <b>Arts &amp; Crafts</b>	25  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits Outside	26  10:30 Holy Mass Activity & Sensory Visits <b>Hallway Bingo</b>
27  10:30 Holy Mass Activity & Sensory Visits	28  9:30 Exercises-A 10:30 Holy Mass Activity & Sensory Visits <b>Birthday Cake</b>	29  9:30 Exercises-A  10:30 Holy Mass Activity & Sensory Visits Music			<b>Sept 20</b>	

**For Additional "Preferred Activities" see the Activity Dept.**

- Tours / Social Visits / Chapel visits
- Therapeutic Touch \*Manicures
- Sensory & Activity Visits
- \* Walks & Exercise Visits
- \* Activity Carts-**Activity Room**
- \* Seasonal Word Puzzles
- Arts & Crafts • Plant Cart Visits
- Mail Delivery • Mailbox-basket in Activity Room
- Letter Writing / Free Greeting Cards
- Electronic Books from Library of the Blind
- Bulletin Board Decorating
- \* Sing Along Visits
- Movie Cart
- \* **Music & Memory w/ iPods\***
- \*\*\* **COVID-19 UPDATES** \*\*\*

**Masks** to be worn in the hallways

Social distancing **6 ft' apart**

**Small Groups <10 / Sm Communal Dining**

**Call the Activity Dept. x322 to schedule:**

**Outside Visits** - screening, in front & supervised

**Window Visit** - at Conference Rm x345

**Skype Video Chat** - matulaitism@gmail.com

**FaceTime** - Matrecs2@matulaitisnh.org

**Please email letters, pictures, etc. to**

wross@matulaitisnh.org

Haircuts - See Activity Dept. to schedule

**:) Read for Updates**

- Newspaper Delivery- see Activity Dept. about subscription/changes
- \* Two complimentary Norwich Bulletin - B Wing
- TVs w/ Movies at each wing Nurse's Desk & A Lounge TV
- TV Guide Stations Listing -copies at Activity Dept. office
- ~Music Choice Stations: 8.1 -- up

**D Lounge:**

Tranquility Room; Aromatherapy, Visual Projector, CD Soothing Music, Sensory Activities/Cart Colorful Bubble Machine

**A Lounge: Book Shelves w/**

- Seasonal Magazines
- Large Print Books
- Jig-Saw Puzzles
- \* Adult Coloring Books
- \* Various Table Games

• WiFi Internet Code:

**4Publicuse**

Windows opened only to lock level.

\*We are a Smoke-Free Facility\*

! Any questions see your Unit Manager !

\* **No Birdseed or Suet** \* Hummingbird feeders, hanging plant, mobiles, windchimes are recommended

**Visit Us @ [www.matulaitisnh.org](http://www.matulaitisnh.org) - check out COVID-19 Updates**

- Activity Calendars / Monthly Calendars
- Wheelchair / Walker bags
- \* Adaptive Clothing Catalogs - See Activity Dept.
- \* Community Recreation & Leisure Resource Handout
- ~Veterans Bulletin Board is outside of the Main Dining Room~

**Mobile "Hymns & Prayers"** w/ Olivia - as able/requested

\* **Pastoral Care Service** & Visits available upon request, also:

...spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs

~**Daily Mass** in English ~ Bi-Lingual on Tuesdays and Fridays in our Chapel

~ Missalettes Books Available while in chapel - please ask

~Confessions after daily mass & upon request

~Holy Communion at Bedside Few Days a Week

~Comfort Baskets in A Lounge for Palliative Care

~Comfort Care & End of Life Resource Box w/ Comfort Baskets & on each Wing

\* **Mass on Channel 27-EWTN @ 8am, 12noon & 7pm; Channel 11 at 10am**

\* Rosary on Channel 27 at 7:30 am, 11:30am and 9:30pm; Chaplet of Divine Mercy at 3pm

\* Stations of the Cross on EWTN: Fridays 7am

Any Changes for the Activity Calendar see Large Act Calendars on each Wing

**Residents Artwork will be posted at the Activity Room**

The "**Legends**" Seasonal Family Newsletter is posted across the Activity Rm on C~Wing

\* Important **Information Bulletin Board** on B~Wing

