


THERAPEUTIC RECREATION ACTIVITY CALENDAR

Matulaitis 10 Thurber Road, Putnam, CT 06260

860-928-7976 Act. Dept.~ Ext. 322

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Masks on - so we can move on! See bottom of calendar for more updates!</p>			<p>JULY</p>	<p>2021</p>		
<p>This calendar is subject to change & is not limited to what is posted.</p>				<p>1 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music~Lounges 2:00 RW&B Arts & Crafts 2:30 Hymns ~ Chapel</p>	<p>2 9:30 Walking Club 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 3:30 First Friday - Adoration & Benediction</p>	<p>3 10:30 Holy Mass 1:30 Bingo-A Activity & Sensory Visits</p>
<p>4 Happy 4th of July 10:30 Holy Mass 1:30 Patriotic Sing Along Fireworks Video Activity & Sensory Visits</p>	<p>5 9:30 Walking Club 10:30 Holy Mass 1:30 Outside & Ice Cream Activity & Sensory Visits</p>	<p>6 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music Video-A 1:30 Bible Study w/ Joe-D 2:30 Hymns ~ Chapel</p>	<p>7 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 6:30 Bingo-A</p>	<p>8 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music ~ Lounges 2:00 Friendly Gathering-DR 2:30 Hymns ~ Chapel</p>	<p>9 9:30 Walking Club 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits</p>	<p>10 10:30 Holy Mass 1:30 Bingo-A Activity & Sensory Visits</p>
<p>11 10:30 Holy Mass 2:30 Pokeno-DR Activity & Sensory Visits</p>	<p>12 9:30Coffee Connection-DR 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits</p>	<p>13 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music ~ Lounges Men's Visits w/Joe 2:00 Veteran's Coffee-DR 1:30 13th Rosary Club 2:30 Hymns ~ Chapel</p>	<p>14 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 6:30 Bingo-A</p>	<p>15 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music ~ Lounges 2:00 Table Games-DR 2:30 Hymns ~ Chapel</p>	<p>16 9:30 Walking Club 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits</p>	<p>17 10:30 Holy Mass 1:30 Bingo-A Activity & Sensory Visits</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits	19 9:30 Coffee Connection-DR 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits	20 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music Video-A Men's Visits w/Joe 1:30 Resident Council-DR & Food Committee 2:30 Hymns ~ Chapel	21 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 6:30 Bingo	22 9:30 Beach Ball Exercises 10:30 Holy Mass 1:30 Music ~ Lounges 2:00 Creative Writing-DR 2:30 Hymns ~ Chapel	23 9:30 Walking Club 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits <u>Opening Ceremony</u> <u>Olympics</u>	24 10:30 Holy Mass 1:30 Bingo-A Activity & Sensory Visits
25 10:30 Holy Mass 2:30 Pokeno-DR Activity & Sensory Visits	26 9:30 Coffee Connection-DR 10:30 Holy Mass 1:30 Birthday Cake Activity & Sensory Visits	27 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Music Video-A 1:30 Bible Study w/ Joe-D 2:30 Hymns ~ Chapel	28 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 6:30 Bingo	29 9:30 Beach Ball Exercises 10:30 Holy Mass 1:30 Music ~ Lounges 2:00 Balloon Ping Pong 2:30 Hymns ~ Chapel	31 <h1>July -21</h1> 9:30 Walking Club 10:30 Holy Mass 1:30 Outside Activity & Sensory Visits 10:30 Holy Mass 1:30 Bingo-A Activity & Sensory Visits	

For Additional "Preferred Activities" see the Activity Dept

- Tours / Social Visits / Chapel visits
- Sensory Touch * Manicures
- Sensory & Activity Visits
- * Walks & Exercise Visits
- * Activity Carts-**Activity Room**
- * Seasonal Word Puzzles * Cooking Cart
- Arts & Crafts • Plant Cart Visits
- Mail Delivery • Mailbox-basket in Activity Room
- Letter Writing / Free Greeting Cards
- Electronic Books from Library of the Blind
- Bulletin Board Decorating
- * Sing Along Visits * TV/Movie Cart
- * **Music & Memory w/ iPods***
- *** **COVID-19 Updates** ***

Masks, 6 ft apart/Social distancing & Hand Washing !!!

Call the Activity Dept. x322 to schedule:

Inside Visits & Outside Visits

- in the auditorium & front of auditorium

Window Visit - as necessary

Skype Video Chat - matulaitismm@gmail.com

FaceTime - Matrecs2@matulaitisnh.org

Phone Calls - schedule for assistance

Compassionate Care Visits - discuss w/ IPNurse

Preferred Visiting Hours - 11am - 7pm

Please email - letters, pictures, etc. to

wross@matulaitisnh.org

:) Read for Updates.....

- Newspaper Delivery- see Activity Dept. about subscription/changes
- * A complimentary Norwich Bulletin - B Wing
- TVs & DVDs at each wing Nurse's Desk & A Lounge
- TV Guide Stations Listing -copies at Activity Dept. office
- Music Choice Stations: 8.1 -- up
- Picnics & Outside Music - David, Wes, Terry, Owen
- D Lounge:**
Tranquility Room; Aromatherapy, Visual Projector, CD Soothing Music, Sensory Activities/Cart
Colorful Bubble Machine, Picture Books
- A Lounge: Book Shelves w/**
- Seasonal Magazines
- * Word Search/Game Books
- Large Print Books
- Jig-Saw Puzzles
- * Adult Coloring Books
- * Various Table Games

• WiFi Internet Code:

4Publicuse

Windows opened only to lock level

We are a Smoke-Free Facility

* Important Information Bulletin Board on B-Wing

! Any questions see your Unit Manager !

Visit Us @ www.matulaitisnh.org - check out the COVID Updates

- Activity Calendars / Monthly Calendars
- Wheelchair / Walker bags
- * Adaptive Clothing Catalogs - See Activity Dept.
- * Community Recreation & Leisure Resource Discharge Handout
- Veterans' Bulletin Board is outside of the Main Dining Room-
- * **Pastoral Care Service** & Visits available upon request, also:
...spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs
- ***Last months' Visits with Deacon Joe*** and now Music Mondays with Deacon Wayne***
- Daily Mass** in English
- ~ Missalette Books Available while in chapel - please ask
- Confessions after daily mass & upon request
- Holy Communion at Bedside Few Days a Week
- Comfort Baskets in A Lounge for Palliative Care
- Comfort Care & End of Life Resource Box w/ Comfort Baskets & on each Wing
- * **Daily Mass on TV** ~ Channel 11 at 10am
- * Channel 27~EWTN: Daily Mass @ 8am, 12noon & 7pm;
* Rosary @ 7:30 am, 11:30am and 9:30pm *Chaplet of Divine Mercy @ 3pm
*Rosary @ 3:30pm * Stations of the Cross Fridays@ 7am & 2:30pm

Any Changes for the Activity Calendar see Large Act Calendars on each Wing

Residents' Artwork will be posted at the Activity Room

The "**Legends**" Seasonal Family Newsletter posted by the Activity Rm & on website

No Birdseed or Suet*- Hummingbird feeders , hanging plant, mobiles, windchimes are recommended

Haircut Appointments - please leave a note in the Hairdresser's Mailbox

