


THERAPEUTIC RECREATION ACTIVITY CALENDAR

Matulaitis 10 Thurber Road, Putnam, CT 06260

860-928-7976 Act. Dept.~ Ext. 322

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October	2021	Handwashing & Masks Recommended See bottom of calendar for more updates!	This calendar is subject to change & is not limited to what is posted.		¹ 9:30 Walking Club 10:30 Holy Mass 1:30 Autumn Painting-AR Music-D 3:30 First Friday Adoration & Benediction Music & Memory Visits	² 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
³ 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	⁴ 9:30Coffee Connection-DR 10:30 Holy Mass 1:30 Balloon Ping Pong Music & Memory Visits	⁵ 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges <u>1:30 Manicures</u> 2:30 Hymns ~ Chapel Activity & Sensory Visits	⁶ 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Movie & Popcorn 6:30 Bingo-A	⁷ 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Our Lady of <u>Rosary</u> 2:00 Word Games-DR 2:30 Hymns-D Activity & Sensory Visits	⁸ 9:30 Walking Club 9:30 VOICES-A Resident Council Grp 10:30 Holy Mass 1:30 Yoga-A Music-D <u>3:30 Rosary & Benedittion</u> Music & Memory Visits	⁹ 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
¹⁰ 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	¹¹ <u>9:30Coffee Connection-DR</u> 10:30 Holy Mass 1:30 Cooking Cart Music & Memory Visits	¹² 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges 1:30 Art/Crafts/Project-AR 2:00 Veteran's Coffee-DR 2:30 Hymns ~ Chapel Activity & Sensory Visits	¹³ 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 1:30 13th of Month Rosary 2:30 Movie & Popcorn 6:30 Bingo-A	¹⁴ 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Trivia -DR 2:30 Hymns-D Activity & Sensory Visits	¹⁵ 9:30 Walking Club 10:30 Holy Mass 2:00 Our Sister's Anniversary-CC Music-D <u>3:30 Rosary & Benedittion</u> Music & Memory Visits	¹⁶ 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
¹⁷ 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	¹⁸ <u>9:30Coffee Connection-DR</u> 10:30 Holy Mass 1:30 Resident Council & Food Committee-DR <u>2:00 Soothing Sounds</u> Wes at Piano-D Music & Memory Visits	¹⁹ 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges <u>1:30 Manicures</u> 2:30 Hymns ~ Chapel Activity & Sensory Visits	²⁰ 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Movie & Popcorn 6:30 Bingo-A	²¹ 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Table Games-DR 2:30 Hymns-D Activity & Sensory Visits	²² 9:30 Walking Club 10:30 Holy Mass 1:30 Fall Festival Music-D <u>3:30 Rosary & Benedittion</u> Music & Memory Visits	²³ 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	25 <u>9:30Coffee Connection</u> -DR 10:30 Holy Mass 1:30 Birthday Party -DR Music w/ Terry Music & Memory Visits	26 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges <u>1:30 Art/Crafts/Project</u> -AR 2:30 Hymns ~ Chapel Activity & Sensory Visits	27 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Bingo-A	28 9:30 Beach Ball Exercises 10:30 Holy Mass 2:00 Halloween Decorating 2:30 Hymns-D Activity & Sensory Visits	29 9:30 Walking Club 10:30 Holy Mass 2:00 Pokeno Music-D <u>3:30 Rosary & Benediction</u> Music & Memory Visits	30 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
31 10:30 Holy Mass 2:00 Halloween Party Activity & Sensory Visits	October	2021				

For Additional "Preferred Activities" see the Activity Dept

- Tours / Social Visits / Chapel visits
- Sensory Touch * Manicures
- Sensory & Activity Visits
- * Walks & Exercise Visits
- * Activity Carts * Cooking Cart
- * **Seasonal Word Puzzles**
- Arts & Crafts • Plant Cart * Flower Arranging
- Mail Delivery • Mailbox-basket in Activity Room
- Letter Writing / Free Greeting Cards
- Electronic Books from Library of the Blind
- Bulletin Board Decorating * Book Club
- * Sing Along Visits * TV/Movie Cart *Popcorn
- * **Music & Memory w/ iPods***
- *** **COVID-19 Updates** ***

Masks, Social distancing & Hand Washing !!!

Call the Activity Dept. x322 to schedule:

Inside/Outside Visits as necessary

FaceTime - Matreecs2@matulaitisnh.org

Skype Video Chat - matulaitismm@gmail.com

Phone Calls - schedule for assistance

Preferred Visiting Hours - 11am - 7pm

Screening, Masks & Visits only in Residents Room

We are a Smoke-Free Facility

:) Read for Updates.....

Music Every other Friday w/ David-Piano or Wayne-Guitar
-Veterans' Bulletin Board is outside of the Main Dining Room-

- Newspaper Delivery- see Activity Dept.
- * A complimentary Norwich Bulletin - B Wing
- TVs & DVDs at each wing Nurse's Desk & A Lounge
- TV Guide Stations Listing -copies at Activity Dept. office
- Music Choice Stations: 8.1 -- up

D Lounge:

Tranquility Room; Aromatherapy, Visual Projector,
CD Soothing Music, Sensory Tactile Activities/Cart
Colorful Bubble Machine, Picture Books

A Lounge: Book Shelves w/

- Seasonal Magazines
- * Word Search/Game Books
- Large Print Books
- Jig-Saw Puzzles
- * Adult Coloring Books
- * Various Table Games

Activity Room: supplies/ipads-classes

WiFi Interment Code: **4Publicuse**

Windows opened only to lock level

* Important **Information Bulletin Board** on B~Wing

! Any questions see your Unit Manager !

Visit Us @ www.matulaitisnh.org - check out the COVID Updates

- Activity Calendars / Monthly Calendars
- Wheelchair / Walker bags
- * Adaptive Clothing Catalogs - See Activity Dept.
- * Community Recreation & Leisure Resource Discharge Handout

*** Pastoral Care Service & Visits available upon request, also:**

- ...spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs
- Daily Mass** in English
- ~ Missalettes Books Available while in chapel - please ask
- ~Confessions after daily mass & upon request
- ~Holy Communion at Bedside Few Days a Week
- ~Comfort Baskets in A Lounge for Palliative Care
- ~Comfort Care & End of Life Resource Box w/ Comfort Baskets & on each Wing
- * **Daily Mass on TV ~ Channel 11 at 10am**
- * **Channel 27~EWTN:** Daily Mass @ 8am, 12noon & 7pm;
- * Rosary @ 7:30 am, 11:30am and 9:30pm *Chaplet of Divine Mercy @ 3pm
- *Rosary @ 3:30pm * Stations of the Cross Fridays@ 7am & 2:30pm

Any Changes for Activity Calendar see Large Act Calendars on each Wing & Center Court

Residents' Artwork will be posted at the Activity Room

The "**Legends**" Seasonal Family Newsletter posted by Activity Rm, in lobby & on website

No Birdseed or Suet*- Hummingbird feeders , hanging plant, mobiles, windchimes are recommended

Haircut Appointments - please leave a note in the Hairdresser's Mailbox

