


THERAPEUTIC RECREATION ACTIVITY CALENDAR

Matulaitis

10 Thurber Road, Putnam, CT 06260

860-928-7976

Act. Dept.~ Ext. 322

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	December	2021			<p><u>Masks, Social Distancing & Handwashing Recommended</u> See bottom of calendar for more updates!</p>	<p>This calendar is subject to change & is not limited to what is posted.</p>
			1 9:30 Exercise Class-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Movie & Popcorn <i>*Lighting of the Outside Christmas Lights*</i> 6:30 Bingo-A	2 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Painting Class-AR 2:30 Hymns-D Activity & Sensory Visits	3 9:30 Walking Club-A 10:30 Holy Mass 2:00 Men's Group-DR Music-D 3:30 First Friday Adoration & Benediction Music & Memory Visits	4 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
5 2nd Sunday of Advent 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	6 9:30Coffee Connection-DR 10:30 Holy Mass 1:30 Balloon Ping Pong-CC Music & Memory Visits	7 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Tribute to Dean Martin Holiday Show -in the Auditorium	8 Feast of Immaculate Conception 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 2:00 Adoration 2:30 Movie & Popcorn 6:30 Bingo-A	9 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Write Christmas Cards 2:30 Hymns-D Activity & Sensory Visits	10 9:30 Walking Club-A 10:30 Holy Mass 2:00 Cooking Cart Music-D Music & Memory Visits	11 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits
12 3rd Sunday of Advent 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	13 9:30Coffee Connection-DR 10:30 Holy Mass 1:30 13th of Month Rosary Club 2:00 Tree Decorating <u>2:00 Soothing Music-D</u> w/ Wes at Piano Music & Memory Visits	14 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges 1:30 Manicures-AR 2:00 Veterans Coffee-DR 2:30 Hymns ~ Chapel	15 9:30 Exercise Class-A 10:30 Holy Mass 1:30 Whatever the Weather 2:00 Communal Prep for Reconciliation/Confession 3:00 Bingo-A 5:00 Dinner & Movie-A	16 9:30 Beach Ball Exercises-A 10:30 Holy Mass 1:30 Resident Council & Food Committee-DR 2:30 Hymns-D Activity & Sensory Visits	17 9:30 Walking Club-A 10:30 Holy Mass 2:00 Tivia Games-DR Music-D Music & Memory Visits	18 10:30 Holy Mass 2:00 Bingo-A Activity & Sensory Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 4th Sunday of Advent 10:30 Holy Mass 2:00 Pokeno-DR Activity & Sensory Visits	20 9:30Coffee Connection-DR 10:30 Holy Mass 2:00 Christmas Karaoke-D Music & Memory Visits	21 Winter Begins 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges <u>1:30 Manicures</u> 2:30 Hymns ~ Chapel	22 9:30 Weight Lifting-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Movie & Popcorn 6:30 Bingo-A	23 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Derby Races-CC 2:30 Hymns-D Activity & Sensory Visits	24 9:30 Walking Club-A 10:30 Holy Mass 2:00 Bingo-A Music-D Music & Memory	25 Merry Christmas 10:30 Holy Mass 1:30 Gift Giving 2:30 Adoration Activity & Sensory Visits
26 Solemnity of the Holy Family 10:30 Holy Mass 2:00 Pokeno-A Activity & Sensory Visits	27 9:30Coffee Connection-DR 10:30 Holy Mass 1:30 Birthday Party-DR Music w/ Terry Music & Memory Visits	28 9:30Beach Ball Exercises-A 10:30 Holy Mass 1:00 Music Lounges <u>1:30 Arts/Crafts/Projects-AR</u> 2:30 Hymns ~ Chapel	29 9:30 Exercise Class-A 10:30 Holy Mass 1:30 Whatever the Weather 2:30 Movie & Popcorn 6:30 Bingo-A	30 9:30 Beach Ball Exercises-A 10:30 Holy Mass 2:00 Planting-AR 2:30 Hymns-D Activity & Sensory Visits	December 2021 January 2022	

For Additional "Preferred Activities" see the Activity Dept

:) Read for Updates.....

Visit Us @ www.matulaitisnh.org - check out the COVID Updates

- Tours / Social Visits / Chapel visits
- Sensory Touch * Manicures
- Sensory & Activity Visits
- * Walks & Exercise Visits
- * Activity Carts * Cooking Cart
- * **Seasonal Word Puzzles**
- Arts & Crafts • Plant Cart * Flower Arranging
- Mail Delivery • Mailbox-basket in Activity Room
- Letter Writing / Free Greeting Cards
- Electronic Books from Library of the Blind
- Bulletin Board Decorating * Book Club
- * Sing Along Visits * TV/Movie Cart *Popcorn
- * **Music & Memory w/ iPods***

***** COVID-19 Updates *****

Screening in lobby for all visitors

Masks, Social distancing & Hand Washing !!!

Call the Activity Dept. x322

to assist with visits/phone calls or:

FaceTime - Matrecs2@matulaitisnh.org

Skype Video Chat - matulaitismm@gmail.com

Preferred Visiting Hours - 11am - 7pm

We are a Smoke-Free Facility

- * **Music Every other Friday w/ David-Piano or Wayne-Guitar***
- ~Veterans' Bulletin Board is outside of the Main Dining Room~
- *End of month "HAPPY MEAL" lunch for #1 Bingo/Pokeno Winner*
- Newspaper Delivery- see Activity Dept.
- * A complimentary Norwich Bulletin - B Wing
- TVs & DVDs at each wing Nurse's Desk & A Lounge
- TV Guide Stations Listing -copies at Activity Dept. office
- ~Music Choice Stations: 8.1 -- up
- D Lounge:**
Tranquility Room; Aromatherapy, Visual Projector, CD Soothing Music, Sensory Tactile Activities/Cart
Colorful Bubble Machine, Picture Books
- A Lounge: Book Shelves w/**
- Seasonal Magazines
- * Word Search/Game Books
- Large Print Books
- Jig-Saw Puzzles
- * Adult Coloring Books
- * Various Table Games
- Activity Room: supplies / ipads**
- WiFi Interment Code: **4Publicuse**
- Windows opened only to lock level

* Important **Information Bulletin Board** on B-Wing

! Any questions see your Unit Manager !

- Activity Calendars / Monthly Calendars
- Wheelchair / Walker bags
- * Adaptive Clothing Catalogs - See Activity Dept.
- * Community Recreation & Leisure Resource Discharge Handout

* **Pastoral Care Service** & Visits available upon request, also:

...spiritual reading, prayer cards, Christian music & Lighthouse Catholic CDs

~**Daily Mass** in English

~ Missalettes Books Available while in chapel - please ask

~Confessions after daily mass & upon request

~Holy Communion at Bedside Few Days a Week

~Comfort Baskets in A Lounge for Palliative Care

~Comfort Care & End of Life Resource Box w/ Comfort Baskets & on each Wing

* **Daily Mass on TV** ~ Channel 11 at 10am

* Channel 27-EWTN: Daily Mass @ 8am, 12noon & 7pm;

* Rosary @ 7:30 am, 11:30am and 9:30pm *Chaplet of Divine Mercy @ 3pm

*Rosary @ 3:30pm * Stations of the Cross Fridays@ 7am & 2:30pm

Any Changes for Activity Calendar see Large Act Calendars on each Wing & Center Court

Residents' Artwork will be posted at the Activity Room

The "**Legends**" Seasonal Family Newsletter posted by Activity Rm, in lobby & on website

No Birdseed or Suet*- Hummingbird feeders , hanging plant, mobiles, windchimes are recommended

Haircut Appointments - please leave a note in the Hairdresser's Mailbox